

# Move Management Services

## [Abilities Network®] Senior Services

### What is a Move Manager?

A move manager is someone who provides personalized relocation services by helping with the emotional and physical aspects of moving. Our services are generally used by senior adults who look to our gentle guidance and assistance to ease the physical and emotional distress of a move. A Move Manager assists the client in “Rightsizing” by simplifying your surroundings while keeping what is most important\*. A Move Manager is there every step of the way to assist in the sorting and planning of what should be transitioned. Typical services include:

- In home consultation
- Planning and organizing the move
- Customized floor planning
- Arranging for donations and sale of unneeded items
- Providing a timeline for the move
- Scheduling the vendors of your choice at the appropriate times
- Packing and unpacking the items that you transition to the new home
- Re-settling you into your new home
- Disposing of documents
- Cleaning out of former home

### Questions to ask when looking for a Move Manager:

Abilities  
Network

1. Are you insured and bonded? ☒
2. Are your employees protected by Worker's compensation? ☒
3. Do you screen your employees and service providers? ☒
4. Do you use a written contract? ☒
5. Can you provide references? ☒
6. Are you a member of the National Association of Senior Move Managers (NASMM)? ☒



*"Planning and organizing ahead of time is the single most efficient way to ensure a smooth and cost effective move."*

## **[ Abilities Network® ]** *Senior Services*

### **Headquarters**

8503 LaSalle Road  
Towson, Maryland 21286  
Phone: 410.828.7700  
Toll Free: 1.800.492.2523  
Fax: 410.828.7708

For other office locations  
visit us online at  
**[www.abilitiesnetwork.org](http://www.abilitiesnetwork.org)**.

### **Why do I need a Move Manager?**

- It minimizes the stress of a move.
- It enhances the marketability of your home.
- It saves your back from the "leg-work" of the move.
- It can pay for itself!

An Abilities Network Move Manager makes your move easier by providing guidance and structure, while you make the decisions. Planning and organizing ahead of time is the single most efficient way to ensure a smooth and cost effective move. A Move Manager can offer suggestions on how to make the most out of the sale of your home. We save you backaches and headaches! You can even use the money you make on sold items to help you pay for your Move Management Services!

### **Why not just hire the mover to pack and unpack for me?**

Many moving companies offer packing and unpacking services. The costs tend to be higher and the services incomplete. Most movers "sell" you the packing materials, where we "rent" them to you at reduced rates. At the end of the move, the movers leave the packing supplies for you to dispose of, where we take them with us. If you hire a mover, you are also responsible for organizing your belongings in your new home. Abilities Network's Move Management Services does this for you! We pack with the intention of unpacking and re-settling you in your new home. Our services are affordable, and most importantly, the caliber of our staff is unmatched.

**For your FREE in-home estimate, call  
410-828-7700 ext. 1271  
or e-mail  
[mmservices@abilitiesnetwork.org](mailto:mmservices@abilitiesnetwork.org).**