

Smooth Move Timeline

[Abilities Network] Senior Services

Eight Weeks Before:

- Meet with Abilities Network for a FREE in home estimate.
- Abilities Network will provide references for movers. Have them (or the ones you choose) do an estimate. You want bids from at least two companies
- Start using up frozen foods, canned goods & cleaning supplies

Six Weeks Before:

- Abilities Network's Team Leader will come out and do a floor plan with you, so you know exactly what will fit in your new home.
- Start sorting through the items you wish to take to your new home. Using the label stickers provided by Abilities Network to mark what is going and what is not.
- Have your children/friend/family members pick up the items you are giving to them.
- If you live in an apartment, notify management of your move.
- Abilities Network will coordinate with the former residence and new residence to reserve elevators, loading docks, etc.

Four Weeks Before:

- Begin the change of address with your post office and make a list of address changes.
- Contact utilities (water, garbage, telephone, cable, newspapers, utility companies) and have them disconnect your services the morning after your move.
- Continue sorting through items and labeling.

Two Weeks Before:

- Send out change of address forms
- Abilities Network can arrange for someone to clean your home after you move out.
- Dispose of flammable liquids, paints and poisons.
- Final sorting should be done.

One Week Before:

- Abilities Network's Team Leader will pay you a visit to check on the progress of your sorting and go over the move details and timeline.
- Abilities Network will provide you with a special bag to put your items you wish to take with you. (important documents, purses & wallets, medications, etc.)
- Abilities Network can arrange for a hauler for excess garbage if needed.
- Abilities Network will arrange for the items you are donating, auctioning, consigning or selling to be picked up or delivered.

One Day Before:

- Abilities Network will arrive with their team and begin packing.
- Pack your personal items in the bag provided by Abilities Network.
- If living in a house, block off area of the street in front of the house for the moving truck.
- Clean out refrigerator and freezer. Leave what you want Abilities Network to pack.
- Have payment ready for Abilities Network.

Moving Day:

- Prior to moving truck arriving, move cars out of driveway & garage.
- Abilities Network's Team Leader will arrive to coordinate mover, and pack last minute items.
- Have payment ready for movers.
- Check that all appliances are turned off.
- Lock doors & windows & leave key for new owner or agent.
- Relax – Let Abilities Network take it from here.

Abilities Network Headquarters

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For other office locations, visit us online at www.abilitiesnetwork.org

Providing quality services since 1964!

