

Employment Supports

For Job Seekers



Abilities Network supports individuals in locating competitive employment by creating matches between the unique skills, needs, and interests of the job candidate, and the identified community business needs in order to promote independence and to reach maximum potential.

How will I benefit from Abilities Network's employment supports?

- **Tailored Skill Assessment** – Identify your specific job skills and preferences such as: dreams/goals, environmental preferences, learning style, challenges, and specific interests with our specialized tools.
- **Expert Staff** – Work with trained Employment Specialists who are experts in job development and possess the necessary skills to help you succeed with your employment goals.
- **Individualized Planning Expertise** – Receive support with the development of your personal employment goals along with revisiting those goals with you and your team as needed.
- **Employer Partnerships** – Abilities Network's success with developing positive partnerships with various local companies/businesses will be an advantage to you and your employment endeavors.
- **Build Networking Skills** – Assistance with understanding "networking", what it means to network for job leads, and why it is useful. Specialists will support you in developing your own networking skills.
- **Customized Services** – Align particular business needs along with your unique skills to create and propose a job description that matches both.
- **Job Skill Development** – Build your job skills, whether you are seeking employment or currently have a job. This may include, but is not limited to: appropriate workplace attire, work etiquette, communication, organizational skills, understanding policies and procedures, creative problem solving, reading, and writing skills.
- **Job Development Proficiency** – Capitalize on job leads of interest, submit applications, create resumes, follow up with employers, preparation and support with interviews.
- **Enhance Communication Skills** – Coaching on how to speak with employers in person, including building the communication skills needed to approach and interact with employers in a professional manner.
- **Transportation Resources** – Guidance with identifying transportation options, applying for the service, and learning how to utilize the services.
- **Computer Literacy** – Assistance with online job development to include: researching businesses, navigating through employment websites, online job applications, and pre-employment questionnaires.
- **Post-Hire Support/Communication** – Individualized job support to assist with learning your job skills, problem solving, adapting to a new work environment, monitoring your progress, addressing any needs that may arise, and developing advancement opportunities.

About Abilities Network:

Employment supports offered through Abilities Network's Community and Employment Partners program provides services designed to support adults with development disabilities to live and work as independently as possible in their communities. Abilities Network is a 501(c)(3) non-profit organization that assists individuals with disabilities to achieve their personal goals and reach their maximum potential.

Abilities Network's Mission:

To challenge the community to acknowledge the value and equality of people of all abilities.

Individualized • Competitive Employment • Community Based • Independence

The following are quotes from individuals who receive
Abilities Network’s employment supports:

“Abilities Network helped me to achieve some of the goals I have aimed, for months. I was able to gain the confidence needed to get the two jobs I have now. I was really pleased with B. F. being my job coach. I liked how we got along and managed to work together. I’ll always look at Abilities Network as an advantage on getting a good start on life.”
J. M.

“Abilities Network helped me to start my art business and helped me figure out how to be successful with selling my art.”
P. S.

“With the help from Tim at Abilities Network, I’ve finally found a job that lets me be part of the sport I love, and get paid for it. Hopefully I can continue to learn and advance in this occupation.”
L. J.

[**Abilities Network®**]
SEEING ABILITIES NOT DISABILITIES.

Corporate Headquarters
8503 LaSalle Road
Towson, Maryland 21286
Phone: 410.828.7700
Toll Free: 1.800.492.2523
Fax: 410.828.7708

Charles County
3825 Leonardtown Road, Suite 4
Waldorf, Maryland 20601
Phone: 301.396.3955
Fax: 301.396.4166

Eastern Shore
P.O. Box 1692
Berlin, Maryland 21811
Phone: 410.641.8605
Fax: 410.208.1832

Garrett & Allegany Counties
317 Beall Street
Cumberland, Maryland 21502
Phone: 301.777.2895
Fax: 301.777.2897

Harford County
401 Market Street, Suite 100
Aberdeen, Maryland 21001
Phone: 410.272.3712
Fax: 410.272.3892

Howard County
7164 Columbia Gateway Drive, Suite 210
Columbia, Maryland 21046
Phone: 410.312.1626
Fax: 410.312.0425

PG/Montgomery County
10230 New Hampshire Ave., Suite 300
Silver Spring, Maryland 20903
Phone: 301.431.7740
Fax: 301.431.7742

Southern Maryland
132 Holiday Court, Suite 211
Annapolis, Maryland 21401
Phone: 410.266.7941
Fax: 410.841.2476

Western Maryland
5104 Pegasus Court, Suite E
Frederick, Maryland 21704
Phone: 301.695.9505
Fax: 301.695.3340