

Community Supported Living Arrangement (CSLA)



SEEING ABILITIES NOT DISABILITIES.

Through CSLA services, in partnership with the Developmental Disabilities Administration, Abilities Network assists individuals with non-vocational activities in order to become active members of their communities.

How will Abilities Network help me?

Abilities Network's professional staff will tailor supports in order to address your personal strengths, needs, preferences and desires. Through personalized goal planning, staff will meet with you to serve as a liaison between you and your community to assist with learning new skills, locating resources and advocacy to develop independence.

How can I benefit from CSLA funding?

- **Support:** Receive personalized services that cater to your individual needs.
- **Personalized Advocacy and Assistance:** To help you cultivate relationships with members of your community.
- **Expertise in Resource Location:** Support with locating and utilizing resources to complete your personal goals and work in conjunction with other programs to address multiple life areas.
- **Skill Development:** Individualized assistance with learning new skills, problem solving, adapting to new environments, monitoring progress and addressing any needs that may arise.
- **Increased Independence:** Guidance and support with implementing all of the above to create an independent lifestyle.

What goals can I work on through CSLA?

- Housing location/resources
- Household chores training
- Assistance to access medical care
- Transportation training
- Safety/emergency preparedness
- Budgeting/finances
- Making choices for healthy living
- Building social skills

Who will work with me?

- **Support Specialists:** Support Specialists will provide the majority of the direct face-to-face support to assist you with your goals.
- **Support Managers:** Support Managers will work very closely with the Support Specialists to coordinate meetings and to ensure that your goals are consistently being addressed and monitored. Support Managers will also provide some direct face-to-face support.
- **Program Director:** Program Directors supervise and oversee both the Support Managers and Support Specialists to ensure that you are receiving the highest quality of services through Abilities Network.

About Abilities Network:

CSLA, offered through Abilities Network's Community and Employment Partners program, provides services designed to support adults with developmental and intellectual disabilities to live as independently as possible in their communities. Abilities Network is a 501(c) (3) non-profit organization that assists individuals with disabilities to achieve their personal goals and reach their maximum potential.

Abilities Network's Mission:

To challenge the community to acknowledge the value and equality of people of all abilities.

Customized • Skill Building • Independence

**The following are quotes from individuals who receive
CSLA services from Abilities Network:**

“With Abilities Network I get to interact with people and make a difference in the quality of my life. I like being able to have freedom within my community as well as having goals that are for me and flexible if things change. My team is great and they help set a good example for me. My life wouldn’t be the same without them.”

C. H.

“When I moved to my own apartment, the team helped me throughout the entire process like looking for an area to move in, setting up my bills, taking me grocery shopping and helping me cook. I am very happy about living on my own for the first time. I feel like my Abilities Network team is always there for me and that makes me happy.”

K. S.

“I had to have a surgery due to a medical condition. Abilities Network helped me with all of my medical appointments. After my surgery, staff were extremely supportive and helped me with scheduling all of my follow-up care. I enjoy working with the staff; they’ve helped me with every transition in my life.”

R. M.

[Abilities Network®]

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