



HOW TO START A TEAM

1. **Designate a Team Captain.** The Team Captain will lead the team through recruiting team members, fundraising strategies, and other team needs.
2. **Choose a Team Name.** This can be the name of your company, family, or the person you are walking in honor of.
3. **Register Your Team.** You can register your team online or on the Team Registration form. (<http://walkaboutabilities.kintera.org>)
4. **Recruit Team Members.** Encourage co-workers, friends, and family members to join your team and walk with you!
5. **Start Fundraising!** Send emails, letters, text messages and make phone calls to encourage your contacts to contribute to your cause. There are many tools on the Walkabout Abilities website to help you and your team fundraise.
6. **Communicate with your Team.** Send reminders to your team with tips on fundraising, and encourage them to spread the word.
7. **Plan a Team Event.** This is optional, but can be a way to bring your team together before the walk, to create team spirit! This can be done through a small fundraising event as well.
8. **Attend the Walk.** Have your team meet before the walk. Make sure everyone has their walk-shirts, have turned in any donations for the team, and walk together in support of Abilities Network.

For more information on starting a team, please call 410-828-7700x1229 or email ldunn@abilitiesnetwork.org.